Every monkey understands that...
OVERVIEW
The new long-distance mountain bike route «Jura Bike No. 3» now opens up the mysterious unknown world of the Jura to the bikers as well.

The route winds its way through the exciting landscapes of the Jura: the Laufental valley, the canton capital Delémont, the Vallée du Doubs with the medieval town of St-Ursanne, Freiberge with its grazing horses, Saut du Doubs, the Val de Travers, the Balcon du Jura, Lac de Joux and finally the vineyards near Lake Geneva.

The route mostly runs at 700 to 1300 m above sea level and is therefore suitable for beginners and those who enjoy cycling for pleasure. The Jura region is a paradise for mountain bikers with lots of forest and field tracks as well as attractive single trails.

ROUTE

BASEL - LAUFEN 30 km / 760 hm
A gentle stretch to start off with, this route runs from the city of Basel and along the Blauenberg to the Laufental valley. Delémont, the pretty capital of the canton of Jura, is the destination for this stage.

LAUFEN - DELÉMONT 31 km / 760 hm
A ride through varied landscape around the Stürmenchopf to Grindel and across the Welschgätterli to Montsevelier. At an almost constant level, a trip to the canton capital of Delémont is one possibility.

DELÉMONT - ST-URSANNE (TARICHE) 39 km / 720 hm
The stage passes past Les Rangiers and Seleute downhill to the valley of the Doubs and then along the quaint river valley towards St-Ursanne. The picturesque medieval atmosphere alone makes a visit worthwhile.

ST-URSANNE - Saignelévier 30 km / 820 hm
The big climb from the Doubs valley to the Freiberge Plateau is demanding, but the reward comes in the form of a splendid view of the park like woods and meadows with mighty fir trees.

SAIGNELÉvier - LA CHAUX-DE-FONDS 44 km / 660 hm
The Freiberge area is one of Switzerland's most unique landscapes with its light parkland and grazing horses. The Etang de Gruyère lake and Mont Soleil with its solar and wind power centers are also worth a look On route to the watch-making town of La Chaux-de-Fonds.

LA CHAUX-DE-FONDS - COUVEt 50 km / 1250 hm
The Doubs river again flows along this route which leads to the «Saut du Doubs» waterfall high above the Lac des Brenets. The highest point of the day is the Grand Sommartel (1290m) and the destination of Couvet is located in the Val de Travers.

COUVEt - STE-CROIX 47 km / 950 hm
A short stage but a steep climb into a spectacular landscape: the «Creux du Van» cirque. Mont Soliat (1372m) marks the highest point on the Jura Bike trail. The descent back down to the «Balcon du Jura» might have been a chance to get your breath back – if the sensational panoramic view over the Swiss Mittelland and Swiss and Savoy Alps weren't so breathtaking!

STE-CROIX - LAC DE JOUX 45 km / 1050 hm
The beauty of the Waadtland area of Jura along the border with France accompanies bikers to Vallorbe, where attractive stalactite caves lie in wait. A gentle climb leads to Le Pont on to the magical stage destination of Lac de Joux.

LAC DE JOUX - NYON (COINSINS / DUILLIER) 47 km / 700 hm
Some of the most expensive watches in the world are created in Le Sentier and Le Brassus; hence the sobriquet of «Watch Valley» for the region! One last climb leads up to the Col du Marchairuz (1447m) followed by a spectacular descent from the heights of the Jura down to the vineyards and the shores of Lake Geneva (406m).

SEASON 2011
15.04.-15.10.2011 (daily service)

Offers You Easy Pedaling & Lot's of Fun!
The Jura Bike is suitable for beginners and bikers with little or no experience: the elevation profile and technical requirements are moderate.

RATES

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Rates include: accommodation, breakfast, luggage transfer, travel documents, helpline. Additional night: D) Hostel: 50.– C) Budget Hotel: 60.–, B) Standard: 90.–

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