



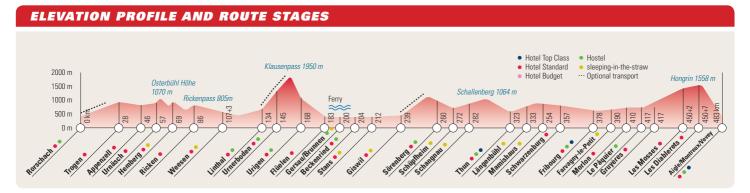
- ★ LAKE LUCERNE

 RELAX AND GO SIGHTSEEING IN WILLIAM TELL COUNTRY
- ★ TELL'S LAND

 «THE WALL» ON THE WAY TO EMMENTAL
- ★ FRIBOURG

 THE PICTURESQUE TOWN ABOVE THE CRAGGY BANKS

 OF THE SAANE RIVER
- ★ THE VAUD ALPS
 FROM CHEESE TO WINE



OVERVIEW

This is the «King of all routes» in Veloland Switzerland! Passing between Lake Constance and Lake Geneva, the Alpine Panorama Route rises up to 2000 meters above sea level and crosses several major and minor mountain passes. Hard to conquer, sensational in terms of the view! A real nugget for sporty cyclists!

Even Road bikes can be used here. It has a challenging elevation profile, reaching up to a maximum height of 1948 above sea level and passing through several breath taking alpine passes such as Glaubenbielen, Schallenberg and Col des Mosses. And it is well worth the effort, because this is where you can get to experience the alpine panorama. And if you begin to feel exhausted, rest assured: most of the big climbs can be negotiated by sending your bike up with the post bus or train. (Reservation required — see Route Guide for details.)

ROUTE

RORSCHACH - HEMBERG (URNÄSCH)60 km

You can also tackle the climb from Lake Constance to Heiden by sending up your bike by train; you will find yourself 800 meters above sea level in a jiffy. The ride through the Appenzell countryside is absolutely delightful, and the stage destination at Hemberg affords splendid views of the Mt Säntis Massif.

HEMBERG - LINTHAL (GLARUS) 68 km

Today you're in the Toggenburg and Glarner regions. Cycling over Ricken Pass shouldn't be any problem, and after that you're cycling along the River Linth valley which is as flat as a pancake. When you get into Canton Glarus you will come across several pointers to a once flourishing industry based on hydro-electric power.

SwissTrailsTip: Attractive alternative: Stay overnight at Weesen, cycle over Pragelpass (1550m); no cars on Saturdays and Sundays.

LINTHAL - BECKENRIED 69 km

The Klausen Pass is one of the highest – at an altitude of 1950 m it virtually reaches into the glacier world. From the summit, the ensuing ride along the shores of Lake Lucerne is pure pleasure and a welcome respite. The car ferry from Gersau will take you across the lake to Beckenried.

BECKENRIED - SÖRENBERG 61 km

The first part of today's route along Lakes Alpnach and Sarnen is easy compared with what is still to come ... At Giswil the climb starts in earnest: in only 10 kilometers will

you gain an altitude of 1000 meters! To reach the pass summit at Glaubenbielen (1611m). And by way of compensation, it is downhill all the way down to Sörenberg.

SÖRENBERG - THUN 61 km

Entlebuch and Emmental are regions of outstanding pre-alpine scenery with picturesque farmhouses, masses of flowers in window-boxes and gardens, and where the farms still look like they are from a picture book from the past. In Thun the cycle route reaches the Bernese Oberland.

THUN - GRUYÈRES (MORLON) 95 km

Plenty of ups and downs along the route today as it takes you to the land of the mountain rivers Sense and Saane. But you will get to see splendid views of the Bernese Alps again and again along the route. Halfway along, the picturesque old medieval town of Fribourg beckons you to make a stopover.

GRUYÈRES - AIGLE (MONTREUX, VEVEY) 66 km

This last stretch of the Alpine Panorama route extends from the medieval town of La Gruyère, home of milk, cheese and double cream, and back up into rugged hills and Lake Hongrin, to reach the pass summit of Col des Mosses. Postal bus transportation is available. An exhilarating ride down into the Rhône valley and Lake Geneva rounds up this route.

Swiss Trails Tip: Treat yourself to a relaxing stop at our Top Class hotel in Montreux on the banks of Lake Geneva.

SEASON 2011

15.05.-15.10.2011 (daily service)



RATES (in CHF, per Person, incl. VAT.)				
Category	Start / Overnights / Finish	Days / N.	Rate	Rent a Bike
B Standard Hotel	Rorschach ^{B)} - Urnäsch/Hemberg - Linthal - Beckenried/Stans - Sörenberg - Thun- Gruyères - Montreux ^{A)}	7/6	953.—	231.— (Road bike)
D Hostel	Rorschach ^{D)} - Linthal - Gersau - Sörenberg - Thun - Le Pâquier - Montreux/Territet ^{D)}	6/5	550	212 (e-Bike racer)
E sleep-in-straw	Thal [©] - Bächli - Weesen - Stans - Schangnau - Längenbühl - Farvagny-le-Petit - Montreux [©]	7/6	573	231.— (Top Class)

Rates include: accomodation, breakfast, luggage transfer, travel documents, helpline. Additional night: DJ Hostel: 45.-, BJ Standard: 90.-, AJ Top Class: 135.-